

TANZANIA EECC CHAMPIONS UPDATES

WELCOME TO OUR JUNE NEWSLETTER



It has been an exciting month since our EECC Champions workshop in May 2024. The May workshop was a big success which created sixteen new EECC champions summing up to a total of forty-five EECC Champions in Tanzania.

Distribution of EECC Champions in Tanzania Mainland and Zanzibar



Currently, our EECC champions are located in various regions of Tanzania which are Kilimanjaro (2), Zanzibar(3), Mtwara(1), Katavi(2), Songwe(1), Mbeya(4), Kigoma(1), Pwani(2) and Dar es Salaam(29).

The champions have been very active in saving lives through various activities that advocate for *EECC* actions.

Here are a few EECC success stories and advocacy actions by our EECC champions during the period of May to June 2024.



EECC saves a newborn – Salehe, Dar-es-Salaam

In a busy maternity ward, a premature baby born at just 33 weeks gestation, struggled with severe respiratory distress. Thanks to the timely response by Salehe, the baby received immediate and effective resuscitation. He was able to do this by positioning the baby in a neutral position and providing oxygen. The baby was stabilized and transferred to a neonatal unit.

This success story was made possible because of Salehe's timely identification of hypoxia, proper positioning of the baby and the readily available oxygen in the facility.

This case highlights how readiness and provision of EECC can improve outcomes of critically ill premature babies wherever they are in a facility! Way to go Salehe!

A Session on EECC in the wards – Judith, Kigamboni

Judith conducted an EECC session at a hospital in Kigamboni to emphasize the benefits of provision of EECC to improve patient outcomes especially in settings where resources are limited. She reported that after this session, her team was inspired and was now confident in taking initial actions in managing critically ill patients in the wards. Go Judith!





Leading the way – Letisia, Ubungo

Meet Letisia, an EECC Champion based in Mbeya. During a brief practice at a hospital in Ubungo Dar es salaam, she successfully managed a critically ill patient in the ward by applying EECC principles, saving their life. Inspired by this experience, Letisia shared a presentation with the hospital staff on the principles of EECC, using the case of the patient she saved to illustrate that critically ill patients are mostly found in wards, not ICU. She emphasized the importance of healthcare providers being vigilant in identifying and initiating life-saving care(EECC) for these patients. Letisia's goal is to foster a more prepared and responsive healthcare environment.



Introducing EECC - Lumuliko Nyika, Mtwara

Lumuliko introduced EECC at Ligula Regional and Referral Hospital in Mtwara. For his presentation, he invited members of the Hospital Management Team (HMT), nurses, doctors, and clinical officer students from Mtwara College of Health and Allied Sciences. Additionally, nurses from the nearby Faith-Based Organization facility (Shangani Dispensary) attended. His aim was to ensure that all cadres of healthcare workers are sensitized to EECC practices, improving the management of critically ill patients.

EECC Hospital Readiness Assessment - William, Dar es Salaam

William and colleague recently conducted a Hospital Readiness Assessment at Muhimbili Orthopedic Institute in Dar es Salaam to evaluate the hospital's preparedness in providing EECC to the surgical patients in the wards. Their survey included both in-depth and rapid assessments, which are currently being analyzed. The assessment is an initial step towards ensuring effective EECC coverage at the hospital.

Boosting skills with the EECC Online Course

Salehe, Dar es Salaam

Salehe introduced the EECC online course to his colleagues, resulting in seventeen(17)completing the course and earning CPD points from Stanford University. This free online course offers all professionals healthcare a valuable opportunity to refresh their knowledge of basic yet highly effective practices for improving the outcomes of critically ill patients.

Masuma. Dar es Salaam

Masuma recently introduced the EECC online course to staff at Muhimbili National Hospital, Mloganzila campus, engaging a total of 135 members. This significant achievement by Masuma demonstrates a collective commitment and dedication of the healthcare workforce to improving the outcomes of critical illness.

Together, we are championing a universal, cost effective and feasible Essential Emergency and critical care foundation for Tanzania!

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